

## ABUNDANT LIFE FOR YOU

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Did you realize that Jesus knows how life works? He knows and cares about more than spiritual issues alone. Once he said, *“I came that they may have life and have it abundantly.”* An alternative translation of his comment puts it this way: *“I have come that they may have life, and have it to the full.”*

Jesus came so that we could have full, abundant lives. Of course, his primary concern is that we have a full life spiritually. But full life also includes the other areas of our lives. Jesus is concerned with all the areas of our lives: family and food, health and home, cars, clothes and careers, riches, recreation, pleasures, worries and desires. Jesus’ teachings apply to all of these. As our Creator, Savior and Lord, he knows more than anyone how life, including every aspect of life, works. We can have full, abundant lives if we trust him and learn to apply his teachings in every area of our lives, seven days a week.

God reveals this self-evident truth in Scripture: *“Do not be deceived: God is not mocked, for whatever one sows, that will he also reap.”* You reap what you sow. Therefore, consider the outcome you hope to achieve in any area of your life, and then “sow the seeds” (take the actions) that will result in those outcomes. The simple concept of sowing applies to the various aspects of life: planting a garden, raising children, planning a future, physical health, spiritual well-being, and your eternal destiny. Do you want to make good grades in school? Don’t just hope for it to happen. Sow the seeds, do the deeds, that everybody knows will yield that result. Same thing with succeeding in your job, being a good parent or spouse, or achieving and maintaining a healthy weight. It works in every area of life. When it comes to having a rewarding and beneficial relationship with God, you must apply that principle here as well. Don’t just talk the talk, hope that it will happen when the need arises or even just believe it is the case. Sow the right seeds. *“For the one who sows to his own flesh will from the flesh reap corruption, but the one who sows to the Spirit will from the Spirit reap eternal life.”* (John 10:10, Gal. 6:7-8)